

BMW Car Club
of America
Kansas City



The MilePost

VOLUME 11, ISSUE 2

APRIL - JUNE 2019

PAIR YOUR BLUETOOTH
FLAT OUT CLASSIC
QUICK JACKS REVIEW
MEET CONNOR SKINNER !



FLAT OUT CLASSIC – WITH RACER, SPEEDSECRETS AUTHOR-ROSS BENTLEY !

This is truly a once in a lifetime event this year for FlatOut classic at Heartland Park in Topeka! This event continues to become one of the best events in the Midwest- and we are pleased to announce that ROSS BENTLEY of SpeedSecrets will be at FlatOut for special advanced driver program classes unlike any other! Ross is one of the most sought-after racing coaches in the world, and we are thrilled to have him at FlatOut Classic! Ross

Bentley's championship career includes CART Indy car racing, won the 1998 United States Road Racing Championship in the GT3 Class, and 2003 24 Hours of Daytona in SRP II Class. He has written many books on driving techniques and hosts podcasts, workshops, and clinics for SpeedSecrets series. Register today for this great event! <http://www.flatoutclassic.com/>

Kansas City BMW Club—Serving Kansas and Western Missouri

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HOW TO CONNECT TO KC BMW CLUB

Chapter Website and Opt-In Email List:

<https://www.kcbmwclub.com>

Let's Get SOCIAL!

You can find us at:

@KCBMWCLUB on Twitter

kcbmwclub on Instagram

BMW CCA—Kansas City

BMW CCA—Wichita

BMW CCA—Springfield Ozarks

on Facebook

Any event that requires online registration can
be found through MotorsportReg at:

<http://kcbmwclub.MotorsportReg.com>

To keep updated on all events right on
your phone – we've got an App for that

KC BMW Club App



KC BMW Club

Share this app by scanning the code
with your phone's camera.

President's Corner

by Kathy Felter

A dozen years ago I was a mom with a kid in high school. I was driving a sporty red BMW sedan that I bought after my husband, the engineer, convinced me that German engineering was superior to that from Sweden. But, at the time, I knew nothing about BMW CCA or many of the things that our club had to offer.

Then, a couple years later, the engineer bought his diesel X5. And the service manager at our dealership offered him the opportunity to go to South Carolina. To a driving school. At BMW. And I said, "Well, I want to go too."

That's how we found out about BMW CCA. One call to the BMW Performance Center introduced us to a car club that would change the direction our lives would go over the next decade. That first class was a basic car control school and almost as soon as I insisted on going, internally I regretted my decision. I just knew that this was going to be too intimidating. Too hard. Too much time off work.

Just say it... Too few women. But I went anyway.

When we got there, I realized that I was right. It was challenging, and thrilling, and addicting. And there are not enough women in the driver's seats.

Over the past ten years, we have been to Chapter HPDE's and to the Performance Center for more schools than I can count. We have been to Advanced M Schools at Virginia International Raceway and have gone to Germany to drive the Nürburgring with BMW Driver Training.

I've done private coaching with some of the most talented instructors that the BMW PC has on staff. Usually the common theme is that the number of women driving at these events is minimal. Sometimes I'm the only one. Lately at the PC, I've been lucky enough to have one exceptional instructor who is a very talented young woman.

We just signed up to go back to VIR - again. I have friends who ask why I want to spend my vacation time in a car on a racetrack and not on cruise ship. My only answer is that a dozen years ago, I never would have imagined that I could or would be able to do this. I wish I could get more of my girlfriends to get behind the wheel and see where it takes them.

They might just have more fun.
Kathy

On the Patriot Course at VIR...



High Performance Driving School

Special Guest: Ross Bentley
Professional Coach & Racer

**Heartland
Park,
Topeka!!**



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June 1-2, 2019

Great Plains Chapter St. Louis Chapter Iowa Chapter
Kansas City Chapter Sunbelt Chapter



Sat evening dinner & 1/4 Mile Solo Runs

Welcome New Members!

Scott Ariagno
John Beck
Patrick Collins
Linda Hartman
Rachel Moran
William Olin



HOW TO DRIVE...*FLAT OUT*

BY JOHN FICKEL – DRIVING EVENTS COORDINATOR

Do you want to learn how to drive your car fast without the worry of a speeding ticket or accident? If you answered, “heck yes”, the 2019 Flat Out Classic High-Performance Driver Education (HPDE) is for you.

Your first HPDE can be intimidating. So, I put together the top ten questions that I get asked by those new to HPDE:

1. Do I need to own a BMW to participate?

No. Any car will work except for convertibles and some SUVs. If you have a truck or a truck-based SUV like a Suburban, your track day career will have to wait.

2. Is it safe?

Yes. You will have a very experienced and talented instructor sitting in the passenger seat. You will also participate in classroom instruction created by Ross Bentley. The same Ross Bentley who will be at the event offering classes in driving, understanding data and providing ride alongs.

3. How do I prep my car for the event?

Once you sign up, you will receive a check list for your mechanic to review. It is always a good idea to have fresh fluids such as brake fluid, oil, coolant, etc. before the event. For some of you, please check your blinker fluid.

4. What modification to I need to make to my car?

My advice is to keep it as stock as possible.

5. Do I need a helmet?

Yes. We will have a few loaners but they are intended for ride along.

Helmet needs to have a Snell 2010 SA or M rating. <http://www.saferacer.com> and <http://windingroad.com> are two good sources.

6. What do I need to bring to the track?

Tire gauge, torque wrench, folding chair, great attitude, etc. Some people bring their entire garage and plan for everything. Others take the minimalist approach. If you need a tool, odds are we will find somebody who has it (usually the Mike Staub).

7. What if it rains?

The event is run rain or sunshine. A wet track is the best way to learn to drive. We are in Kansas, so we do shut the track down for lightning and tornados.

8. Food?

A catering truck will be on site for most of the day serving breakfast and lunch. Dinner will be catered at the track on Saturday night with Ross Bentley doing a Q/A session. The club will provide water coolers stocked with water located around the paddock.

9. Fuel/Air?

The track sells high octane and race gasoline along with air. There are plenty of gas stations with five minutes of the track, too.

10. What to wear?

Long sleeve cotton shirt and pants is recommended along with closed toe shoes. If the weather is warm, we will waive the long sleeve and pants rule.

How do I sign up? (okay, that is eleven questions). Please go to our website <http://www.flatoutclassic.com> and check it out 2019 Flat Out Classic.



WICHITA CARS & COFFEE

BY JOHN FELTER – VP WICHITA

From March through October, Wichita Cars and Coffee gathers outside of The Alley Indoor Entertainment at 11413 E 13th St N in Wichita on the third Saturday of the month. This event has become wildly popular and has outgrown multiple locations before settling at The Alley. Each month they draw hundreds of cars – new and old, domestic and foreign, stock and custom – you name it. In order to keep things interesting, they select a marque to feature each month. So, you guessed it, ***we are going to be the featured marque and our date is May 18, 2019*** and KC BMW Club is organizing the BMW effort.

We were the featured marque in March 2017 and April, 2018 and had an awesome turnout having over 40 cars attend each time. Please consider this an invitation to all members of the club to join the fun and attend this event. The past two years, we have had members from Kansas City drive down for a fun round of indoor karting and pizza on Friday night, Cars and Coffee on Saturday morning, followed by a group lunch in the afternoon. Unfortunately, our kart track has closed, so we are exploring ideas for fun on Friday night – bowling anyone?

Let's make this a friendly competition to see if Kansas City or Springfield will bring the most cars to the party. I look forward to seeing our best crowd ever on Saturday, May 18, 2019.

Z8's, i8's, M2's, M3's, M5's, 8 series, X vehicles, and Alpina's, oh my! You name it, you'll see it. Don't miss out on this awesome event. See you all there!

John Felter
VP – Wichita

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Must show current CCA membership card.



Product Spotlight – Quick Jacks!

by John Felter

One of the biggest obstacles to working on your car at home is getting it up in the air. For years, I used ramps or a floor jack and jack stand. Ramps work great for oil changes, but not at all for any suspension work. Plus, they can be problematic with the low hanging air dams so common on BMW's. The floor jack and jack stand method is great for brakes and suspension work but can be difficult since the easy-to-access jack points are where you need to place the jack stands. I found a work-around, as I am sure most people do, but it was never easy.

Almost every do-it-yourselfer would love to have a lift in the garage, but these are often not practical or feasible. A two-post lift is ideal if you have a separate bay in your garage to dedicate to it. Otherwise, they are in the way and take up a lot of space, not to mention they require a high ceiling for clearance. Well, about three years ago, I saw an ad for a new product – **the Quick Jack**. They are a portable, low-rise lift. The set-up has a hydraulically operated parallelogram for each side of the car that each connect to a central hydraulic pump. Align the rubber blocks with the jack points, connect the hose, press a button, and up goes the car. Could it really be that simple? Are they stable? Are they safe? These are all questions that I had.

About two years ago, I borrowed a set from a friend when I was preparing cars for No Excuses – the Fall Club HPDE. Wow, these things were great and made changing brake pads, flushing brake fluid and changing tires so much faster. I've got to get a set of these! Well, one excuse after another and time passed until last fall. At the end of October, I quit with the excuses and bought them. The Quick Jack web site has measuring guides to make sure you order the appropriate size. They offer two lengths and three capacities. Once you decide on the length and capacity, you get to decide what power unit you want. They offer 12-volt DC, 110-volt AC, and 220-volt AC. Yes, you can connect your Quick Jacks to your car battery – sounds about like picking yourself up by your bootstraps! The 12-volt version is the ultimate in portability so you can take them to the track! The lifts range in price from \$1150 to \$1695.

I opted for the 5000 lb, long version (5000 EXT) in 110 volt and ordered directly from Quick Jack, but you can get them any number of places. I've seen them advertised at Northern Tool, Home Depot, and

Costco to name a few. The lift arrived very well packed and in great shape. There is some assembly required, but nothing that a DIY'er cannot handle. You do have to supply your own hydraulic fluid. They work great on the M3 and our X5, so they have a wide range of uses. They will lift your car nearly 22 inches in the air with two safety lock heights and they are very stable. Quick Jack even did a video where they used one of the 5000 lifts with a special hydraulic unit to lift 20,496 lbs – over 4 times its rate capacity. This product is very solid and well designed. Now my biggest question is – Why did I wait so long to buy them? If you are in the market, I highly recommend that you look at these.



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DID YOU KNOW? The Chapter now has new Referral Cards! Pick up a few at our BMW Cars & Coffee events to give to potential new members you meet!

PSA – You have Bluetooth. Use it, *please!*

by Mike Staub

According to NHTSA, Distracted driving has claimed 3,450 lives in 2016 alone. 391,000 were injured in crashes involving distracted drivers in 2015 – and this number is rapidly increasing.

I've always driven 30,000 to 50,000 plus miles per year. To pass the time and preserve my life, I study drivers' behavior, and predict what they will do. Example: Since the advent of cell phones, probably all of us have observed the following when approaching cars from behind. The cell phone glued to the ear and the driver leaning right, right arm resting on the console- or leaning left, left arm leaning on the driver's door. He's talking on the phone and driving with one hand at the 12 o'clock position. The driver's speed is inconsistent, and he is probably wandering in his lane or crossing lines. We know from what we teach/learn in our driving schools, one hand on the wheel leaves the driver ill prepared to control the car in an emergency. The last couple years I've observed something new, more alarming and dangerous than the "leaner". Even though we've had speakerphones built into our cell phones for years, drivers just discovered them. It is apparently now cool to use the speakerphone. But how they are used, is a most dangerous way. The phone is held with one hand directly in front of the face, still driving one handed, but now with forward vision partially blocked! The driver is even more ill prepared for emergency maneuvers. No, it's not FaceTime. From the distance and angle I constantly observe, the only thing the person on the opposite end of the phone conversation would see is, well, nostrils! I'll call this driver the "Face Blocker". But it took a little time before it dawned on me a disturbing irony. I noticed Face Blockers in cars that have BLUETOOTH. Then I observed many other Face Blockers in cars less than five years old, that are certainly equipped with BLUETOOTH systems! These drivers were endangering everyone else on the road simply because they didn't have their phones paired to their cars' BLUETOOTH! I have searched for the reason why and can't find it. They pair all their other devices, air buds, headphones, etc



Drivers who use hand-held devices are FOUR times more likely to get into crashes that seriously injure themselves.

NEED HELP PAIRING ?

HERE'S HELP :

- BMW DEALERSHIPS
- YOU TUBE TUTORIALS
- ASK A CLUB MEMBER
- LOCAL REPAIR SHOPS

They don't want their contact list in the hands of the shops they take their cars for service? No, they could just delete the phone and re-pair it later. I'm pretty sure most systems allow the user to choose to import contacts, or not. I am left scratching my head. But regardless, for my safety and the safety of others: If you must talk on your phone and drive, and have BLUETOOTH access in your car, please pair your phone!

Upcoming Calendar of Events!

**Saturday: April 6th, May 4th, June 1st –
First Saturday of every month**

BMW Cars & Coffee – Kansas City 9am

Panera Bread – 10606 Shawnee Mission Parkway
Shawnee KS

BMW Cars & Coffee – Springfield 8:30am

BMW Springfield – 3500 E Sunshine St.
Springfield MO

Saturday: April 6th after Cars&Coffee KC, tour to
Beethoven's 9th in Paola, KS

**Saturday: April 13th, May 11th, June 8th –
Second Saturday of every month**

BMW Cars & Coffee – Wichita 10am

11000 E 13th St N
Wichita KS

Saturday: May 4th - DIY Session – Nygren's
Garage after Cars & Coffee KC. Sign up with Kent
via email: diykcBMW@gmail.com

Wichita Detailing Clinic at 10am Wichita Clear Bra
8625 E 37th St N #203, Wichita, KS 67226

Saturday: May 18th – Wichita Cars & Coffee at The
Alley, in Wichita, KS. At 7am. Links/Maps can be
found in the Club App!

Friday-Sunday: May 31st-June 2nd – FlatOut
Classic Heartland Park, Topeka, KS. Register
through Club App or FlatOutClassic.com

Saturday: June 15th - Cars & Coffee 9am-11am at
BMW Kansas City South, 1200 W 104th St, Kansas
City, MO 64114



**20% off list price on service and parts.
Oil service and tires are excluded.
(Offer valid until 12/31/2019)**

**Must present current BMW CCA membership card to receive
any specials or discounts.**

*** Offer excludes already discounted parts and labor menu items.
Coupon must be presented at the time of write up.
One coupon per customer.
and cannot be used with another specials, promotions, or offer.
No cash value and is not retroactive.**



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Meet Connor Skinner- VP Springfield!

Get to know our newest VP in Springfield!



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10% Off on Parts
(Must show membership card)

I have been into cars my entire life. It runs in the family. My grandmother told me she knew it was hereditary when I was drawing the Mercedes logos on her wheels with my finger. I have always been a German car fanatic, and in my opinion, there is no other country that makes better cars than Germany. I fell in love with BMW when I got my first one, a 2012 F30 335i. From there I became "indoctrinated," if you will, and now have my second BMW, a 2015 M235i, and love every second I get to drive it.

My Car enthusiasm mainly started with my Grandfather. Although both sides of my family are huge gear heads, he was my main inspiration. At age 8, I was doing my first burn outs, and I drove more miles around their neighborhood than it would take to go across the United States. He taught me how to handle a car and know exactly what you are feeling when you drive and how to respond. I accuse him for my lead foot, HA!

Even though my car is an automatic, and automatics now are faster than any human can shift ever, I prefer a manual. There is a certain amount of satisfaction and feel you get when you make that perfect gear change or rev match.

I would like to increase our membership immensely. More importantly, try to bring a new, younger face to our club, and turn a new page for BMWCCA. I think the best way we can do this, is create events and clinics that give people a lot of seat time and experience behind the wheel.

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Wichita Detailing Session



JOIN US MAY 4TH FOR A DETAILING SESSION WITH WICHITA CLEAR BRA !

The weather is turning nice and it's time to clean up your ride after a long, cold, salty winter. Join us Saturday, May 4 at Wichita Clear Bra (8625 E 37th Street N, Suite 203, Wichita) for a detailing clinic. Owner, club member, and detailing wizard, Brandon Emery, will be hosting the event offering Q&A, product demonstrations, and an all-around good time. There will be a pre-Cinco de Mayo taco bar and beverages provided and a door prize drawing for BMW CCA members. Not a member? No problem, we can sign you up on the spot! See everyone there.



“Good article from Fall 2018 President’s Message. I liked the discussion of red/orange cars being the most noticed. I second that thought as a former employee of Yellow Freight many years back. The tractors were all changed to “Swamp Holly Orange” per the recommendation of Yellow’s Safety Department. The typical question was “Why are Yellow Freight Tractors orange?” Regards, Richard Hemphill, member

-Thank you, Richard for having my back on this! The Space Shuttle fuel tank is orange because the orange molecule weighs less. Maybe that also worked for Yellow? – Angel 😊

Alliance Home Health Care, Inc.

Alliance has provided Aides to assist individuals in their homes and has grown to now provide Cognitive Therapy and Transitional Living specialist. We have Nurses on staff to do wellness monitoring and the initial evaluation.

Alliance also subcontracts out with your KanCare MCO to help individuals return back to the community and on their own from Nursing Facilities through the MFP program.

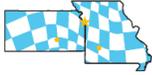
If you know of anyone that is seeking any of these services, give us a call at 913-233-0160.

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